Life Style Listening Skills

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LSL Process

- Hypothesis Generation (HG)
  - (1) Identify Style Words
  - (2) Making Sense
- (3) Integrate & Synthesize (I & S)
- Validate w/ client

Listening

- Active Listening
- Reflecting Feelings
- Reflecting Beliefs

Agenda

- LSL Introduction
- #3: I & S Skills
- I & S Exercises
- #1 & 2: HG Skills
- Transcript A: HG Exercises
- Goal Exercise
- Transcript B: HG Exercises

LSL Overview

- Holistic Assessment (Kopp, 1977)
- Alfred Adler
  - Law of Movement
  - Unity of the Personality
- Dreikurs: Intensive Diagnosis
- Shulman: Interlinear Diagnosis

LSL Steps

- Generate Hypotheses (GH)
  - (1) Identify Style Words/Phrases
  - (2) Generate Hypotheses
- Integrate and Synthesize (I & S)

Points of a Line

- Dreikurs (1965)
- Holism / Unity of the Personality
- Facts vs. Pattern
- Two Points Define a Line
- "What is the possible pattern of thought and beliefs that would conceivably connect these two divergent facts?"

Integration & Synthesis

- Inductive Reasoning
- Deductive Reasoning
- Associative Reasoning
- Facts <> <> <> Pattern
- Tentative Pattern
- Ideographic not Categorical

LSL Steps

- Generate Hypotheses (GH)
  - (1) Identify Style Words/Phrases
  - (2) Generate Hypotheses
- Integrate and Synthesize (I & S)

HG1: Identify Style Words

- Verbs
- Adverbs
- Metaphors
  - General Image
  - Action
  - Feeling

HG2: Making Sense

- Metaphorical Sense
- Empathic Inference
- Empathic Inquiry
  - Self Image
  - Image of Life/World
  - Image of Others
  - Goal

Integration & Synthesis

- Adler (1957): "It is essential for this understanding that we compare at least two phenomena which are separated by as great a time as possible and connect them within a unified pattern (p. 152)."
- Dreikurs (1965): Two Points of a Line